

## 1: Print the Sigil

2. After the activation, hold the sigil in your hands and say this out loud before placing it under the bed:

"I am no longer blind to my past.  
I allow my past to remain in the past  
and my now to be now.  
I allow now to heal and comply  
to the very essence of my soul  
in the heart of love now.  
I allow love to enter my life in  
all shapes and forms and heal  
my evolution of my heart now.  
My heart is free from karmic bonds  
and I am free from karmic bonds.  
I allow all karmic bonds to heal now  
and bless my life with evolution  
of love of the one holy and true now  
And so it is".

3: Place the Sigil Under Your Bed and Leave it there for three days and three nights to allow the energy to work.

## 4: Release the Sigil (After 3 Days and 3 nights)

On the fourth day, remove the sigil from under your bed and say:

"I am blessed with love.  
I am blessed with love.  
I am blessed with love.  
And so it is."

Then discard the sigil as a symbol of releasing the past.

## Step 3: Integration

- Your body will continue clearing energy for three more days after the activation.
- Trust that karmic bonds are dissolving naturally, there's no need to focus on past people or events.
- Move forward with love, clarity, and freedom.