

# **Sigil Phase 4**

## **Heart Expansion & Divine Union**

**Duration: 3 days**

- **Placement: Under your bed**
- **Purpose: Activates stability and expansion within the heart, Clears limiting beliefs around healing and love.**
- **Anchors divine creator energy for sacred union within**
- **Release Instructions: On Day 3, remove and release the sigil with a gratitude prayer.**