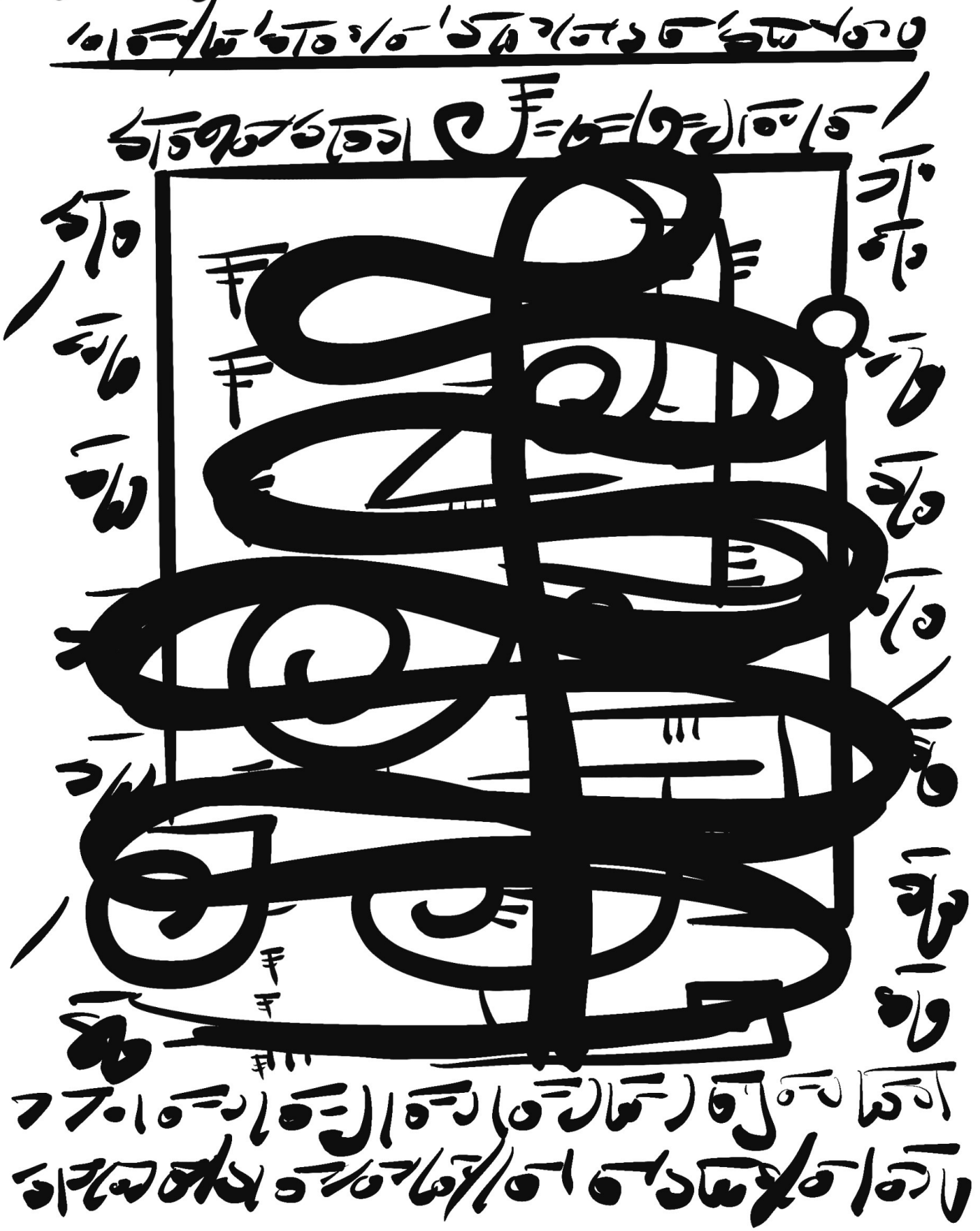
Dear Soul, For the activation, Write your intentions on the back of this paper and place under your body during the activation.



Blessings ♡ May.