

✨ SIGIL INSTRUCTIONS ✨

1. Placement

Place the sigil under your bed for 6 days and 6 nights.

2. Purpose

The sigil works to release energetic attachments from your heart that are unconsciously tied to others for emotional stability.

As these cords dissolve, you'll begin to feel stronger heart-centered stability and deeper self-love.

3. Completion

After 6 days and nights, remove the sigil.

Offer a prayer of gratitude to honor the healing and complete the activation.