

Sigil Phase 3

Identity Healing + Heart Portal Activation

Duration: 5 days

- **Placement: Under your bed or near your heart as you sleep**
- **Purpose:**
 - **Opens a portal in the heart chakra**
 - **Heals identity on Earth through connection to divine source**
 - **Clears blockages that have hindered heart-based creation**
- **Release Instructions: On Day 5, release the sigil from your space with a gratitude prayer.**