

# SIGIL INSTRUCTIONS –

## **Clearing Parasitic Energy from the Liver Activation**

This sigil serves as a divine tool to release parasitic energy and stagnation from the liver, a place where fear and generational trauma can take root.

### How to Use the Sigil

1. Placement: Place the sigil under your bed, positioned around your midsection, to assist in clearing and realigning the energy between your heart and liver.
2. Function: It will absorb and transmute fear-based energy, helping you digest emotions and purify your system with ease.
3. Activation: Use this sigil after the activation process to enhance its effectiveness.
4. Duration: Keep it under the bed for 6-7 days and nights to allow the clearing process to unfold.
5. Completion: After 7 days, remove the sigil from your home. Dispose of it with a gratitude prayer, acknowledging the healing it facilitated. Do not keep it in your space—discard it in the trash to release its work fully.

Your sigil ritual is now complete. Trust in the purification process and allow the healing to integrate.